# Non-Toxic Cleaning Kit

# **Shopping List:**

Baking soda Washing soda White distilled vinegar Natural liquid soap or detergent Borax Tea Tree Oil 6 clean spray bottles 2 glass jars Optional: Vegetable glycerin Fresh lemon Additional essential oils

# **Creamy Soft Scrubber**

Pour  $\frac{1}{2}$  cup of baking soda into a bowl. Add enough liquid detergent to make a frosting-like texture. Scoop the mixture onto a sponge, and wash the surface. This is the perfect recipe for cleaning the bathtub, because it rinses easily and doesn't leave grit. Note: Add 1 teaspoon of vegetable glycerin to the mixture and store in a sealed glass jar to keep the product moist. Otherwise just make as much as you need at a time.

#### Window Cleaner & Mirror Cleaner:

Put ½ Cup vinegar in a spray bottle and fill with water. Spray on window, rub dry with a lint-free rag, crumpled newspaper or squeegee.

# All Purpose Cleaner

In a spray bottle, mix 2 tablespoons vinegar, 1 teaspoon washing soda, 2 cups hot water, ¼ cup liquid vegetable soap.

#### Household Cleaner

Mix ¼ cup baking soda, ½ cup borax, ½ cup vinegar, and 1 gallon water.

#### Tub, Sink and Toilet Cleaner

Sprinkle baking soda on surface, rub with a wet rag, add a few drops of liquid soap for more cleaning power. Rinse well.

#### Oven Cleaner

Mix 1 Cup of baking soda with enough water to make a paste. Apply to oven surfaces, let stand, use a scouring pad to wipe up.

# Disinfectants:

Mix together ¼ cup borax and ½ gallon hot water. Wipe surface.

Use a spray of distilled white vinegar followed by a 3% hydrogen peroxide spray. Wipe clean.

# **Drain Cleaners**

Borax Cleaner: Pour  $\frac{1}{2}$  cup borax in drain, followed by 2 cups boiling water

Soda & Vinegar: Pour  $\frac{1}{2}$  cup baking soda down the drain, followed by  $\frac{1}{2}$  cup vinegar. Cover drain and let "fizz" for

15 minutes. Then pour a tea kettle full of boiling water down the drain.

Stubborn clogs: Use a plumber's "snake" and boiling water.

#### Vinegar Deodorizer

Keep a clean spray bottle filled with straight 5% vinegar in your kitchen near your cutting board and in your bathroom. Use them for cleaning. The smell of vinegar dissipates within a few hours.

# **Mold Killers**

Tea Tree Treasure: Nothing natural works for mold and mildew as well as this spray. Tea tree oil is expensive, but a little goes a very long way. Note that the smell of tea tree oil is very strong, but it will dissipate in a few days. 2 teaspoons tea tree oil

2 cups water

Combine in a spray bottle, shake to blend, and spray on problem areas. Do not rinse. Makes 2 cups.

Straight Vinegar reportedly kills 82% of mold. Pour some white distilled vinegar into a spray bottle. Spray on moldy area and let stand without rinsing, if you can put up with the smell. The smell will dissipate in a few hours.