

Nature's Way  
to Reduce Waste  
+ Recycle More



Earth Machine  
Compost Bins

only \$35 • Available at:

Hood River Garbage  
3440 Guignard Dr., Hood River

The Dalles Disposal  
1317 W First St., The Dalles

AND NOW...

Mel's Sanitary Service  
Transfer Station  
57590 Yew Dr., Tygh Valley

Making Cents at A & P

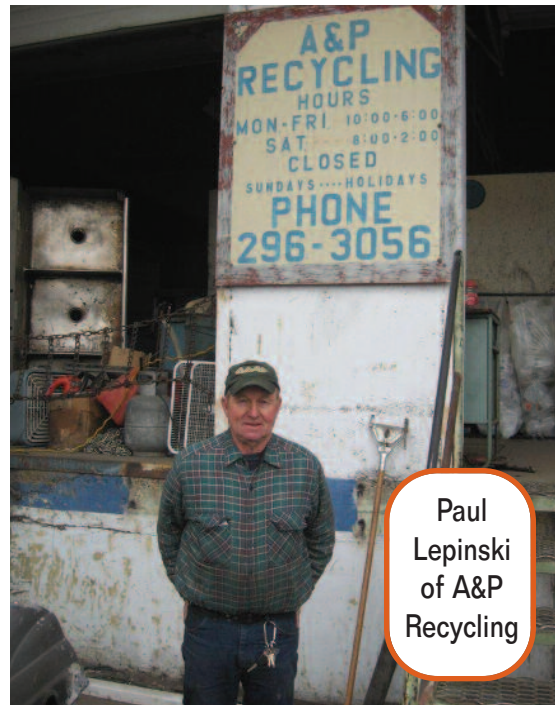
By Jodi TePoel, LINKS/AmeriCorp intern

Thirty-two years into being a major recycling staple in The Dalles, Paul Lepinski is still going strong. His passion for the earth and environment comes through in his baby blue eyes when you stop to say hello.

Paul is no stranger to the world of recycling. He began his career working for a local bottling facility. When the bottle bill came into effect, Paul's boss put him in charge of the returns. Finding his niche in 1978, Paul and friend Art Braun, opened their own privately owned recycling company. They aptly named it A&P Recycling (Art and Paul).

Today, Paul finds homes for the wide variety of recyclables that come through his door; some is purchased from customers and the remainder is dropped off. He estimates that 640 trees are saved each week by the 40 tons of cardboard they recycle. Newspaper is about 15 tons per month, which includes the white Special Olympics boxes you see around town.

Plastic film, also known as those pesky grocery sacks and shrink wrap, is about 3 tons per month. Paul figures that because of curbside recycling and the expanded bottle bill, their quantity of glass has gone down to about 40 tons a year.



Paul  
Lepinski  
of A&P  
Recycling

The two things he doesn't have a home for are Styrofoam and electronics. He'd really appreciate it if you'd make sure your containers are clean as well!

A&P Recycling (541) 296-3056  
Hours are Mon-Fri 10-6, Sat 8-2  
Closed Sundays and Holidays



spring 2010

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# Reduce Waste + Recycle More

## Why Should I Recycle?

It's easy, it makes a difference, it matters, it creates jobs, it helps save the environment, it sets a good example, it makes you feel good about yourself. 😊

**Save Money:** have less in your trash can— reduce your monthly service by switching to a 32 gallon “mini-can” (in The Dalles) or to on-call service as needed or combine with a neighbor

**Reuse and Conserve Resources:** recyclable materials can be used again rather than mining virgin raw materials, helps preserve land by reducing need to drill or dig for materials

**Help the Economy:** recycling creates far more jobs than just having everything go to landfills and incinerators. In Oregon, this is creating jobs such as a new plant in St. Helens to recycle plastic water bottles and a plastics-to-oil project in Brooks.

**Save Energy:** it takes less energy to make recycled products than from scratch (it takes 95% less energy to remake an aluminum can from existing material than to make new from bauxite ore)

**Reduce Greenhouse Gases:** reduce carbon emissions through reduced energy use via recycling, reduce methane gases by keeping organic material out of landfills by composting.

**Reduce Pollution:** in most cases making products from recycled materials creates less air and water pollution than making products from virgin materials.

**Save Landfill Space:** the more material that is recycled, reused, composted and otherwise diverted



Fall 2009 class of Master Recyclers

keeps the landfill in operation longer; it is very costly, complicated and land use intensive to site a new landfill.

### How can I encourage other folks to start recycling?

#### First, lead by example

You can't expect someone in your life to recycle if you don't. This is especially important for children, who are watching everything you do...good and bad. Show folks how you recycle, and make it part of your routine with them. For example, if you are co-hosting a party in the neighborhood, bring your curbside bin and offer to collect the pop cans and water bottles, and take them back to the grocery store for the deposit money. If you are staying in a motel with family, make sure they know where to place the complementary newspaper in the recycle container in the room. If you have a friend who is a new gardener, point out how they can reduce their garbage by diverting apple cores and potato peelings to a compost bin and make their own free soil amendment.

#### Second, make it easy for them

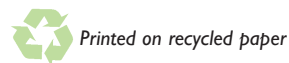
Make sure they have recycling bins, a separate container for glass and a container for can/bottles with a deposit. Help them set everything up in a convenient place at home or on the job...Back porch? Pantry? Garage? Front office? Lunch room? Explain what can be recycled, and what stuff just goes into the trash. Make sure they have a brochure or flyer with a list of what to recycle, and where it goes—whether they need to haul it to a near-by depot or what the curbside schedule is.

#### Third, praise their efforts!

Be positive and helpful, make them feel good about the small steps. Maybe they will start by collecting their pop cans and water bottles, rather than tossing them into the trash. Maybe they will focus on recycling all the computer paper generated at the office. A pat on the back works wonders to help people make positive changes in their lives like recycling.



reduce waste + recycle more



Tri-County  
Hazardous Waste & Recycling Program  
419 E. Seventh St., The Dalles OR 97058





# Where can I recycle?

Combined (mixed) recyclables can be taken to:

- **The Dalles Disposal Service**  
1317 W 1st St, The Dalles  
541-298-5149 • Mon-Sat 9am-5pm
- **Hood River Garbage Service**  
3440 Guignard Drive, Hood River  
541-386-2272 • Mon-Sat 9am-5pm
- **Mel's Sanitary Service Inc.**  
Transfer Station  
57590 Yew Drive, Tygh Valley  
541-483-2500 • Mon-Fri 8am-2pm

## "24-7" Self-Service Recycling Depots

Maupin  
Odell  
Mt. Hood

**Sherman County recycling depots:**  
**Grass Valley** (Mon & Tues 1-3 pm)  
**Moro** (2nd Fri & Sat 9 am-4:30 pm)  
**Wasco** (3rd Fri & Sat 9am-4:30pm)  
**Rufus** (4th Fri & Sat 9am-4:30 pm)

Separated (sorted by type) recyclables can be taken to:

- **A&P Recycling**  
280 Webber Street, The Dalles  
Mon-Fri 10-6, Sat 8-2.  
Closed Sunday & holidays
- **Dufur Lions Recycling Depot**  
Dufur City Park  
Saturday mornings

**Newspapers can be taken to:**  
 Lions Club trailers at Safeway and Rosauers parking lots  
 Hood River

Mid-Columbia Special Olympics bins by Hollywood Video, Albertsons and The Dalles Middle School  
 The Dalles  
 St. Peter's Pack 398 bin at St. Mary's Academy, The Dalles

**Bottles and cans with a deposit:**  
 Hood River LEO Club Recycling Program  
 First Saturday of each month, 9am-1pm  
 Rosauers parking lot, Hood River



# Save Money & Waste Less

## BE A SMART AND THRIFTY SHOPPER

- Avoid buying what you don't need... make a list and stick to it
- Buy only what you need...in the amount that you need...why waste your money?
- Choose products with minimal packaging to reduce waste
- Avoid packages made of several layers of different materials that can't be separated
- Avoid individually packaged single-serving products to save money and have less trash
- Buy products as concentrate, economy size, or in bulk
- Look for handmade and locally grown products with less packaging
- Can you make it yourself rather than buying "ready-made" in a package?

## BRING..AND USE...YOUR OWN

- Paper or plastic? Neither! Carry your own reusable shopping bag (holds more, breaks less)
- Tote your own refillable travel coffee mug and water bottle
- Use long-lasting durable goods, not disposable...cloth napkins and dishtowels, washable sponges and rags, cloth diapers, rags for cleaning, rechargeable batteries, washable utensils, reusable food containers, reusable coffee filters or tea infusers, dryer balls (instead of softener sheets)

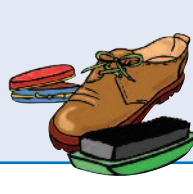
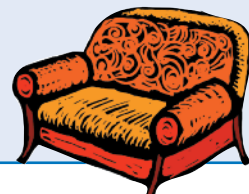
## PUT A LID ON TRASH

- Recycle everything you can...newspapers, magazines, junk mail, office paper, shredded paper, paper bags, "grayboard" boxes like cereal or tissue, cardboard tubes, milk cartons and juice boxes, plastic bottles and tubs, aluminum and tin cans, clean foil...plus "on-the-side" make sure to recycle glass jars

- and bottles plus corrugated cardboard
- Compost kitchen food waste, garden trimmings and yard debris
- Sell, give away or donate goods instead of throwing them out
- Choose on-line banking and bill-paying, request electronic newsletters instead of printed copies

## "PLAY IT AGAIN, SAM"

- Choose products that come in refillable containers, can you reuse that glass jar for storage?
- Purchase recycled content products—look for recycled content on the label
- "Use it up...wear it out...make it do...do without" (use what you already have)
- Wring every last bit of usefulness out of most everything you own
- Take of, maintain and repair what you have, rather than replace
- Borrow, rent, or share items used infrequently
- Shop at secondhand and thrift stores as well as through local classified ads



## FREE Hazardous Waste Collections

### HOUSEHOLDS AND BUSINESSES:

**Hood River Garbage** • 3rd Friday of each month • 9am-2pm  
 March 19, April 16, May 14, June 18, July 16, August 20, Sept 17,  
 Oct 15, Nov 19, Dec 17

**The Dalles Disposal** • 3rd Saturday of each month • 9am-2pm  
 March 20, April 17, May 15, June 19, July 17, August 21, Sept 18,  
 Oct 16, Nov 20, Dec 18

**PRE-REGISTRATION required for businesses to get an appointment, call our contractor PSC Environmental Services LLC at 1-800-547-2436.**

### RURAL EVENTS FOR HOUSEHOLDS ONLY:

Parkdale	Saturday, April 3	10am-2pm	Fire District, 4895 Baseline Dr
Maupin	Saturday, April 24	10am-2pm	Public Works, 390 Third St
Dufur	Saturday, May 22	10am-2pm	City Park
Moro	Saturday, May 8	1pm-3pm	Road Dept, 4th & Hood St
Tygh Valley	Saturday, June 26	10am-2pm	Mel's Sanitary Service Inc

### AGRICULTURAL COLLECTION EVENT:

Moro	Saturday, May 8	10am-12pm	Road Dept, 4th & Hood St
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**PRE-REGISTER for the ag event with our contractor by calling 1-800-547-2436.**

## TONS OF ELECTRONICS RECYCLED!

### Good Job Folks!

2009 was the first year for Oregon E-Cycles, the new statewide recycling program for computer towers, laptops, monitors and TVs. The transfer stations above Biggs, at The Dalles Disposal and at Hood River Garbage served as official Oregon E-Cycles sites. Folks in Sherman, Wasco, and Hood River counties really took advantage of this new, FREE program to recycle those old dinosaurs lying around in closets, storage rooms, and garages.

The Dalles Disposal collected almost 52 tons (103,700 pounds) of computers, monitors, laptops and TVs; Hood River Garbage collected almost 50 tons (99,990 pounds). That's a total of over 100 tons of old electronics (the equivalent of 5 full semi-trucks!) that were kept OUT of the landfill and kept IN the recycling system.

All these old electronics were picked up by a recycling company called CRT Processing and taken to their facility in Clackamas for proper recycling. According to their company website, this company is "committed to responsi-

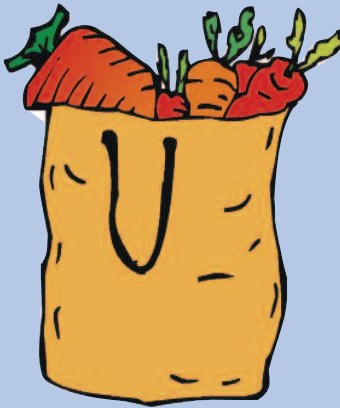
ble and ethical recycling of electronics, and waste is never shipped offshore." This was an important reason why CRT Processing was selected by the State of Oregon to participate in the Oregon E-Cycles program.

Now that folks are used to the free, easy recycling of computer towers, laptops, monitors and TVs through the Oregon E-Cycles program, landfills are no longer allowed to accept these materials for disposal. So remember, RECYCLE ELECTRONICS at the transfer station above Biggs, The Dalles Disposal and Hood River Garbage: old computer towers, old monitors, old laptops and old TVs only.



Find out more by visiting [www.oregonecycles.org](http://www.oregonecycles.org)

# Got Bag?



## Make it a Habit and Grab it

Remember to bring your reusable shopping bags!

- Attach your grocery list to your bags
- Put bags on the front seat of the car so you remember them
- Keep a bag in your purse or at work for shopping errands
- Store extra bags in your backpack, bike or car so always handy

## CONGRATULATIONS to the Hood River Valley Leo Club Recycling Project

In 2009, they collected \$2881 from sorting 57,624 deposit cans and bottles. They donate this money to many different organizations and programs in the community. So take your beverage containers with a deposit to the youthful and energetic Leos, they'll be waiting for you the first Saturday of every month at the Rosauers parking lot in Hood River. The Leo Club provides Leadership, Experience and Opportunity for young people and is sponsored by the Lions Club.