

# 163 Things You Can Compost

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<http://www.plantea.com/compost-materials.htm>

Paper napkins	Sawdust	Elmer's glue
Freezer-burned vegetables	Tea bags and grounds	BBO'd fish skin
<a href="#">Burlap coffee bags</a>	Shredded newspapers	Bone meal
Pet hair	Egg shells	Citrus wastes
Potash rock	<a href="#">Cow manure</a>	Stale potato chips
Post-it notes	Alfalfa	Rhubarb stems
Freezer-burned fruit	Winter rye	Old leather gardening gloves
Wood chips	Grapefruit rinds	Tobacco wastes
Bee droppings	Pea vines	Bird guano
Lint from behind refrigerator	Houseplant trimmings	Hog manure
Hay	Old pasta	Dried jellyfish
Popcorn (unpopped, 'Old Maids,' too)	Grape wastes	Wheat bran
Freezer-burned fish	Garden soil	Guinea pig cage cleanings
Old spices	Powdered/ground phosphate rock	Nut shells
Pine needles	Corncobs (takes a long time to decompose)	Cattail reeds
Leaves	Jell-o (gelatin)	Clover
Matches (paper or wood)	Blood meal	Granite dust
<a href="#">Seaweed and kelp</a>	Winery wastes	Moldy cheese
Hops	Spanish moss	Greensand
<a href="#">Chicken manure</a>	Limestone	Straw
Leather dust	Fish meal	Shredded cardboard
Old, dried up and faded herbs	Aquarium plants	Dolomite lime
Bird cage cleanings	Beet wastes	Cover crops
Paper towels	Sunday comics	Quail eggs (OK, I needed a 'Q' word)
Brewery wastes	Harbor mud	Rapeseed meal
Grass clippings	Felt waste	Bat guano
Hoof and horn meal	Wheat straw	Fish scraps
Molasses residue	Peat moss	Tea bags (black and herbal)
Potato peelings	Kleenex tissues	Apple cores
Unpaid bills	Milk (in small amounts)	Electric razor trimmings
Gin trash (wastes from cotton plants)	Soy milk	Kitchen wastes
<a href="#">Weeds</a>	Tree bark	Outdated yogurt
<a href="#">Rabbit manure</a>	Starfish (dead ones!)	Toenail clippings
Hair clippings from the barber	Melted ice cream	Shrimp shells
Stale bread	Flower petals	Crab shells
<a href="#">Coffee grounds</a>	Pumpkin seeds	Lobster shells
Wood ashes	Q-tips (cotton swabs: cardboard, not plastic sticks)	Pie crust
Sawdust	Expired flower arrangements	Leather wallets
Tea bags and grounds		Onion skins

Bagasse (sugar cane residue)  
Watermelon rinds  
Date pits  
[Goat manure](#)  
Olive pits  
Peanut shells  
Burned oatmeal (sorry, Mom)  
Lint from clothes dryer  
Bread crusts  
Cooked rice  
River mud  
Tofu (it's only soybeans, man!)  
Wine gone bad (what a waste!)  
Banana peels  
Fingernail and toenail clippings  
Chocolate cookies  
Wooden toothpicks  
Moss from last year's hanging baskets  
Stale breakfast cereal  
Pickles  
'Dust bunnies' from under the bed  
Pencil shavings  
Wool socks  
Artichoke leaves  
Leather watch bands  
Fruit salad  
Tossed salad (now THERE's tossing it!)  
Brown paper bags  
Soggy Cheerios  
Theater tickets  
Lees from making wine  
Burned toast  
Feathers  
Animal fur  
[Horse manure](#)  
Vacuum cleaner bag contents  
Coconut hull fiber  
Old or outdated seeds  
Macaroni and cheese  
Liquid from canned vegetables  
Liquid from canned fruit  
Old beer  
Wedding bouquets  
Greeting card envelopes  
Snow  
Dead bees and flies  
Horse hair  
Peanut butter sandwiches  
Dirt from soles of shoes, boots  
Fish bones

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Dead bees and flies  
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Peanut butter sandwiches  
Dirt from soles of shoes, boots  
Fish bones  
Ivory soap scraps  
Spoiled canned fruits and vegetables  
Produce trimmings from grocery store  
Cardboard cereal boxes (shredded)  
Grocery receipts